

EXTRACT
from the minutes of the meeting of the Committee on Bioethics
International European University
No. 1, dated August 18, 2024

PRESENT:

Chairman of the Committee: Doctor of Medical Sciences, Prof. Doan S. I.
Deputy Chairman of the Committee: Doctor of Medical Sciences, Senior Researcher Moiseeva G.V.
Executive Secretary: Ph.D., Assoc. Prof. Gorokhovska T. V.

Members of the Committee: Doctor of Medical Sciences, Prof. Kostynskyi B.G., Doctor of Medical Sciences, Prof. Velychko V.I., Ph.D. Assoc. Prof. Zakordonets L.V., Ph.D., Assoc. Prof. Nechyporenko N.M., Candidate of Medical Sciences, Aleksandrina T.A., Candidate of Medical Sciences, Golub T.V. (with consent).

LISTENED:

Report of Professor Postrelko V.M., Doctor of Medical Sciences, Professor of the Department of Internal Medicine with a course of psychiatry, on the implementation of applied research in the specialty 222 - "Medicine" on the topic: "Treatment and prevention of mental disorders as a result of hostilities in the military and civilian population" for 2024-2026.

Head of R&D: Professor Postrelko Valentyn Mykhailovych, Doctor of Medical Sciences, Department of Internal Medicine Professor with a psychiatry course at IEU.

Relevance of the study: Active hostilities on the territory of Ukraine have led to a sharp increase in cases of post-traumatic stress disorder (PTSD), both among the military and among the civilian contingent. The main manifestations of PTSD are irritability, sleep disturbances, increased anxiety, constant anticipation of a threat, and repetition of a traumatic event in the form of hallucinations or illusions.

Untimely, psychiatric and psychological help pushes people to look for alternative ways to deal with stress. This way is the use of psychoactive substances (surfactants), such as alcohol. In 2015, 1,849 people who served in the ATO were admitted to psychiatric and narcological hospitals in the country with mental and behavioral disorders as a result of the use of surfactants. Alcohol has an antidepressant, anxiolytic, and psychostimulant effect, but its regular and uncontrolled use contributes to the development of alcohol dependence syndrome (SPA). It should be remembered that when symptoms of PTSD appear, people deny the presence of the disease and seek help from specialists for comorbid disorders: depression, alcoholism, etc.

Purpose of the study: Conduct research. To develop new methods of treatment and prevention of these stages.

Expected scientific results of R&D: The developed treatment methods will improve the condition of the military and civilians and their rehabilitation.

Only generally accepted methods will be applied when performing applied research. There are no plans to introduce new hardware research methods and the use of new pharmacological drugs. No experimental studies will be conducted on humans. The study participants are informed about the study's purpose, objectives, methods, and expected results.

ENDORSED:

Applied research of the Department of Internal Medicine with a course of psychiatry on the topic "Treatment and prevention of mental disorders as a result of hostilities in the military and civilian population" in the specialty 222 – "Medicine" is considered to meet the generally accepted norms of morality, the requirements for observance of the rights, interests and personal accessibility of research participants. There is no risk to research subjects during the work performance. Study participants are informed about all aspects related to the purpose, objectives, methods, and expected results. Laboratory and instrumental research methods are generally acceptable, and the drugs to be used are approved.

The Bioethics Commission believes that the study complies with the principles of the Helsinki Declaration (1964), the Council of Europe Convention on Human Rights and Biomedicine, GCP rules, the provisions of the WHO, the International Council of Scientific Societies, the International Code of Medical Ethics (1983) and the laws of Ukraine.

Chairman of the Committee

Doctor of Medical Sciences, Professor



S.I. Doan

Executive secretary

Ph.D., Associate Professor



T.V. Gorokhovska